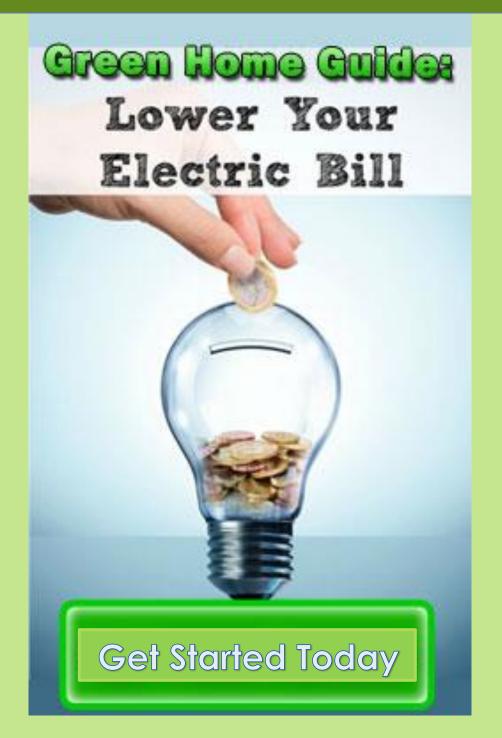
### Save Energy. Save Money. Go Green.



#### Disclaimer

The information in this article was obtained from various sources. While we believe it to be reliable and accurate, we do not warrant the accuracy or reliability of the information. These suggestions are not a complete list of every loss control measure. The information is not intended to replace manuals or instructions provided by the manufacturer or the advice of a qualified professional. Nor is it intended to effect coverage under any insurance policy. No guarantee is made for results from the use of this information. We assume no liability in connection with the information nor the suggestions made.

We do recommend the projects and tips we outline in the guide below, however, your results may vary.

Please consult a professional contractor, handyman or other specialist if you feel like you cannot perform the project.

Remember that safety is paramount. Wear proper safety equipment. Always follow all safety precautions, procedures, guides and any other documentation or local or other laws in your area.

Learn. Save. Prosper.

# Ways You Can Save Energy and Your Money

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### Quick Ways to Go Green Overview

When you think of going GREEN what comes to mind?

You are probably picturing spending thousands of dollars to install solar panels and purchase super-efficient appliances. But there are some everyday ways that you can save on your energy bill that will not break the bank. Some of our suggestions are totally FREE and just depend on you being aware of your energy usage habits and identifying actions that waste energy.

From a <u>do-it-yourself energy</u> <u>audit</u>, to LED lighting and insulation upgrades this Green Home Guide is packed with energy (and money) saving tips.

You likely will not have to follow every suggestion but implementing a few can save you BIG on your electric bill. EnergyStar.gov, a partnership of the U.S. Environmental Protection Agency and the U.S. Department of Energy, reports **the typical** household spends \$2,100 each year to heat, cool, and illuminate their homes. That is around \$175 per month. However, you might pay much more than the average on your monthly bills.

By making some smart changes in your energy usage, you can have a major impact on your utility bills.

With this guide you can save 15%, 20%, even up to 30% on your monthly energy costs. Keep reading for some valuable money saving advice.

The appliances and electronics you choose and how you use them affect your energy costs. Examine the energy use of appliances and electronics in your home and consider these strategies for reducing the energy use of your appliances and electronics. [Edition 1, Volume 1]

#### Did you know...

Electronic Devices cause Harmful Effects around Your Home

In this modern technology era we are adding more and more electronic devices into our homes than ever before. While they make our lives easier, these devices also emit and radiate an Electromagnetic Field (EMF's) in your home. High EMF readings in your home have been linked to eye problems, headaches and sever hearing loss.

## Relief from EMF's

The <u>Green Power Box</u> is designed to eliminate EMF's. That's right! With this device you can avoid those potentially harmful effects and even save money while doing it.

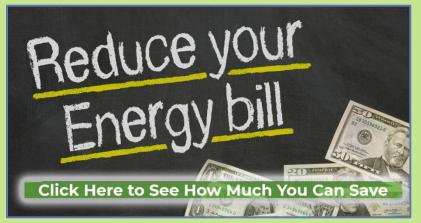
Read more about how <u>Green</u> <u>Power Box</u> can save you money on your electric bills.

#### Read More

### What does a Kilo-Watt Cost You?

**Every month your major home appliances and personal electronic devices are consuming thousands of kilowatt-hours** (kWh) in electricity. And these thousands of kilowatt-hours really add up on your electric bill.

Energy costs do vary depending on the county and state in which you live but it seems *no matter your location the costs of energy is always rising*. Not many electric customers are aware of the charges on their bills. Did you know that the first 1,000 kWh on you electric bill cost a certain rate and then for all hours above that amount you pay EXTRA?



Go ahead and check it out on a copy of your monthly bill. You will see that the fuel and energy costs are increased when you exceed 1,000 hours in a single month. If you are anything like my family, then your bill is well over that mark.

If you are paying \$200, \$300 or more per month on your electric bill then we have a great solution to help you reduce those costs.

The **Green Power Box**® is an advanced power reduction system that can save both residential and commercial power customers on those high energy costs.

- **Cost of electricity is always rising.** It seems like each time you turn around prices are up on gasoline, groceries and lots of other essential items. Well the cost of your electricity will also go up year after year. The first 1,000 kWh on you electric bill cost a certain rate and then for all hours above that amount you pay EXTRA.
- **More Devices. More Electricity.** We all love technology and it has made our lives much easier but it also costs us money to operate our devices and perform daily tasks. Between the major home appliances and personal electronics the usage can really add up each month. You can operate all of your appliances efficiently and cost effectively.
- **Comfort means Cash.** Let's face it we like to live comfortably. When you think about running the air conditioner in the summer (or all year in some places), heater for cooler months, dryers and washers, refrigerators and all of your other appliances and personal devices it all means spending big money on electric bills. Reduce your bills without changing your lifestyle.

#### \*\*We have a 6 month Savings Guarantee\*\*

If you are not saving on your electric bills we will uninstall the Green Power Box and provide a full refund.



### Easy and Cost Effective Steps to Going Green

• Use advanced, or "smart," power strips. Trade in your old and cheaper 6 plug strips for Smart strips. Advanced power strips not only help protect your appliances from an electrical surge but also have specific plugs designed for each appliance. The power strip automatically turns specific appliances on and off based on the characteristics of the appliance in the first



plug (like turning off your DVD player and game console when your TV is off). The power strip does the thinking so you don't have to.

• Avoid those "Vampire" appliances. There are appliance and devices in your home that will constantly suck electricity even when you turn them off. Even in standby mode devices draw energy. You could combat vampire power by continually unplugging your gadgets when not being used. Especially a television, computer or other device in a room or guest room that is not often used.

• **Seal it up**. Buy a Cheap Caulking Gun and Seal it up. Make a close observation around the outside of your home. Check every window frame, window pane, door and plank for cracks in the existing caulking. Whether you have board siding or bricks look over your entire house for new cracks and apply caulking to fill and seal them.

- Plant a Tree (or several). Outside your home you can plant deciduous shade trees in your yard on the side of your house that gets the most intense sun during the summer months (usually the side with the western exposure). The tree and its leaves will then provide shade during the hottest time of day and naturally help to keep your home cool. In winter, when the tree will be bare, it will allow warm sunshine into your home during the most optimal time of day. It might take the trees years to grow so get the Green Power Box® in the meantime.
- Think about Insulation. Improving the insulation can help keep your home comfortable all year round. But depending on the type of house you have, that could be easier said than done. According to the Department of Energy, "approximately half of the homes in the United States are under insulated." Adding new or additional insulation to your ceilings, attic and walls will prevent cold drafts and air leaks to keep warm air inside during the freezing winter. When the weather heats up, these same improvements will help trap the cool air from air conditioning the inside of your home during the sweltering summer.

• Install energy efficiency improvement devices like the Green Power Box®.

Reduce Electrical Energy Consumption between 12% and 30% Without Changing Your Lifestyle

- **Replace old windows with energy-efficient ones.** Replacing old, leaky windows with higher-efficiency models can also make your home greener. Your windows are a major source of heat loss in a home. **\*\*Green Home Guide Special Tip:** Aluminum window frames let heat transfer very easily. Vinyl frames are much more resistant to heat transfer.\*\*
- **Perform a DIY Energy Audit.** You can assess your home or building's energy use and find ways to make improvements. With the results of the audit, you can reduce energy use and cut utility bills. As you prepare to conduct an audit, it can be helpful to have a floor plan to make notes for specific places and keep track of your notes. Learn more about do-it-yourself energy audit.
- Get a professional energy audit. The DIY audit above is good but not as thorough as a professional audit. Using a blower door or infrared photography, a trained energy auditor can assess where your home is leaking energy. Some utility companies even offer free audits.

### More Easy Steps to Going Green and Saving Money

- **Replace air filters often.** A dirty air filter can make your furnace work harder and use more energy. Replace the filter every two to three months.
- Clean air ducts. Keep your air ducts clean to improve air flow and reduce stress on your furnace and central air conditioner.
- Seal doors and windows. Install door sweeps at the bottom of your front and back doors to keep heat from escaping. Remove old window caulk and apply a fresh seal to retain heat in your home.
- Upgrade your thermostat. A programmable thermostat can save you over \$100 a year on your energy bill.

- Replace incandescent bulbs with compact fluorescent lamps (CFLs) or lightemitting diodes (LEDs). CFLs can last 10 times longer than incandescent bulbs and use 75% less energy. LED bulbs are mercury-free and may last three to five times as long as CFLs.
- Insulate water heaters and pipes. Covering your water heater with an insulated water heater blanket can help retain heat, so the unit uses less energy. Foam or rubber pipe insulation keeps cold pipes from sweating in the summer and reduces heat loss from hot-water flow in the winter.
- Vacuum and dust your refrigerator coils and fan regularly

- **Install ceiling fans.** For summer use, ceiling fans can cool a room more efficiently than an air conditioner. Most ceiling fans have a reverse switch so that their blades force heated air down from the ceiling during the winter.
- Use your appliances efficiently Study the operator's manual for each appliance so you will be familiar with the proper operating methods. Then, be mindful of how you're using your appliances.
- **Turn off the Lights and other devices when not in use.** Make it a daily habit to turn the lights off when you leave a room. Unplug appliances instead of keeping them in standby mode.

Reduce Electrical Energy Consumption <u>EVEN MORE</u> Without Changing Your Lifestyle Simply by using the **Green Power Box®** 

Whether you own a home or business our **Green Power Box® can save you between 12% to 30%** on your energy bill every month.

That's right! We even guarantee you will save money on your electric bill. The Green Power Box® is an advanced power reduction system that can save both residential and commercial power customers on those high energy costs. This *patented and proprietary design* reclaims and recycles electrical energy that would otherwise be wasted. And wasted electricity means money out of your pockets!



To Learn More About Why Every Home Should Have the Green Power Box® visit

#### **Remember that sharing is caring!**

Help your family and friends save energy, protect the environment and save money at the same time.

Tell them about Green Power Box® today!

Use Adobe to Email this ebook to someone you know. From program menu select File  $\rightarrow$  Send File  $\rightarrow$  Attach to email





Helps the Environment

The Green Power Box® works by reducing demand for electricity, reducing the need to build MORE power plants, and reducing greenhouse gas omissions.



Home Surge Protection

The Green Power Box® offers surge protection for your entire home. Rest easy knowing your major home appliances are protected from dangerous power surges that damage sensitive electronics components.

